

APPETIZERS

<p> ROASTED EGGPLANT 'Melitzanosalata' 3.5 walnuts, red onion, mint</p> <p> CUCUMBER YOGURT 'Tzatziki' 3.5 goat's milk yogurt, garlic, dill</p> <p> ROASTED RED PEPPER 'Htipiti' 3.5 feta, chili pepper, olive oil</p> <p> HUMMUS 'Revithiasalata' 3.5 crushed chickpeas, capers</p>	<p>ZUCCHINI + EGGPLANT CHIPS 8. tzatziki, dill</p> <p>CALAMARI FRITTI 9. marinara, aioli, greek olives</p> <p> DOLMADES 'Stuffed Grape Leaves' 5.5 citrus, dill, rice</p>	<p>SOUP OF THE DAY 4.5 chef's daily creation</p> <p> CHICKEN-LEMON SOUP 4.5 rice, chicken, olive oil</p> <p> ILIOS GRILLED OCTOPUS 14. marinated red onions, red wine vinaigrette</p>
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TASTE OF ALL FOUR 11.

ILIOS LUNCH

{ CREATE YOUR OWN LUNCH }
UNDER 30 MINUTES

:: MAIN ::

Choose One

ATLANTIC SALMON*	12.5
dill, olive oil	
GRILLED MARINATED CHICKEN	11.5
parsley, olive oil	
SWEET POTATO FALAFEL	9.5
tzatziki, parsley, chermoli salt	
SPINACH PIE	12.5
feta, baby spinach, dill	
LAMB SOUVLAKI*	12.5
lemon, parsley	

:: MARKET SIDES ::

Choose Two

COUNTRY GREEK 'Horiataki'	12.5
cucumber, vine-ripe tomato, feta, red onion, green bell peppers, marinated olive, red wine vinaigrette	
SAUTEED KALE 'Horta'	11.5
lemon, garlic, oil	
CHICKPEA SALAD	9.5
tomato, cucumber, red onions, chickpeas, scallions	
ILIOS SALAD	12.5
wild baby arugula, romaine, dill, feta, mixed olives, lemon vinaigrette	
QUINOA-FARRO SALAD	12.5
spinach, roast sweet potato, goat cheese, portobello, kale pesto vinaigrette	
KASTORIAN WHITE BEANS	12.5
giant white beans, tomato, herb vinaigrette	
GREEK FRIES	12.5
lemon, graviera cheese, oil, parsley	
BROCCOLINI	12.5
lemon, garlic, extra virgin olive oil	
OLIVE-CABBAGE SLAW	12.5
dill, scallions, lemon vinaigrette	

no substitutions | not available for splitting

LUNCH ENTRÉES

CHICKEN CAPRESE PANINI

marinated grilled chicken, prosciutto, sweet peppers, baby arugula, roma tomato, fresh mozzarella, balsamic, served with greek fries or chickpea salad

LAMB BURGER*

house-ground NZ lamb sirloin, roasted tomato, feta, caramelized onions, cucumber yogurt, served with greek fries or chickpea salad

SALMON SANDWICH*

pita, pickled onions, tzatziki, herb vinaigrette, lettuce, served with greek fries or chickpea salad

WILD MUSHROOM PIZZA 'Funghi'

shiitake, portobello, wild arugula, tomato, parmigiano, mozzarella, truffle oil

TOMATO MOZZARELLA PIZZA 'Margherita'

tomatoes, fresh mozzarella, basil, parmigiano

FIG PIZZA

herbed goat cheese, caramelized onion, wild arugula, aged balsamic (add prosciutto 2.5)

CRAZY LASAGNA

free-form, three meat bolognese, pappardelle pasta, mozzarella cheese

12.5

14.

13.5

12.

10.

12.

15. | 18.

ILIOS BOWL

Cauliflower Rice,
Pickled Vegetables,
Hummus Spread,
Shug Sauce

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with Braised Lamb or
Chicken Skewer

13.5

ILIOS PITA SANDWICHES

Served with tzatziki, red onion, tomato, lettuce and your choice of greek fries or chickpea salad

LAMB*	12.
CHICKEN	9.
FALAFEL	8.

SALADS

KALE	10.
roasted beets, pita croutons, pistachios, grape tomatoes, goat cheese, honey sumac	
MESCLUN	8.
baby greens, gorgonzola cheese, candied walnuts, white balsamic vinaigrette	
CAESAR	8.
romaine, olives, herbed croutons, parmesan (add marinated white anchovies 2.5)	
COUNTRY GREEK 'Horiataki'	10.
cucumber, vine-ripe tomato, feta, red onion, green bell pepper, oregano, marinated olives, red wine vinaigrette	

SALAD ADDITIONS | Grilled Marinated Chicken Breast 4.5 | Marinated Lamb Souvlaki* 7.5
Grilled Atlantic Salmon* 8. | Sautéed Gulf Shrimp 8. | Falafel 4.

= Gluten Free

Quail Corners

Split Plate
Charge \$2.50

* = May contain raw or undercooked meat. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.